

**VOLUNTEER OPPORTUNITIES NOVEMBER 2011: CALGARY****Fall Clean Up**

The garden's at the CPAA office need tending to. We are looking for some garden specialist to help prepare our gardens and lawn for fall clean up. If you have the knowledge, tools and time and can help us out. Please give us a call.

Toy Drive

We are beginning to plan our Annual Children's member Toy Drive. This event is held every December. We bring toys to both of the schools that our young members attend along with their sibling. This is a great way for a group of friends, a company or just an individual's to give back and support children and families with disabilities this holiday season.

Reception and More

The CPAA is looking for lunch time relief for our reception area. Duties will include answering our phones, computer work, filing and other clerical duties.

This is a great volunteer opportunity for someone new to the work force, someone who wants to volunteer just one day a week or a few hours a day.

Adult Christmas Party

We are beginning to plan our Adult Christmas party. This event is held in January and is a great way for a group of friends, a company or just an individual to give back. We are looking to put together necessity bags again this year. These bags contain a bottle of shampoo, conditioner, soap, body wash, tooth brush, toothbrush and perhaps a gift card to a drug store, department store or grocery store. If you would like to help support, solicit or volunteer for this event contact Marci at 403-219-3610 or email marci@cpalberta.com to sign up today.

Love to Dance

Every eight weeks the CPAA has a dance program running for persons 3-10 years of age with a disability. The volunteer position requires the love of dance, the ability to assist the participant in doing movements facilitated by the instructor. No previous dance experience is required. A child welfare and police check will be performed on all volunteers. Location is VVRI.



Programs will start again in the fall. Come for a interview now and have all you paperwork and security checks approved.

Little Nemo's Swimming Program

The CPAA has a fabulous volunteer opportunity to work with our littlest members in the water. The participants are between 3 and 10 years old. This is a six week, one hour commitment. All interested applicants should set up an interview. This opportunity requires a police and child welfare check done. Location is VVRI

For more information or to sign up, please contact:

Marci McQueen
(403) 219-3610
(403) 543-1168

marci@cpalberta.com Website: www.cpalberta.com

