

CALGARY MEET - UP GROUP

# November

November 6

## Bowling Night

6:00 – 9:00PM  
403 275-1260



#146 5255 McCall  
Way NE  
\$6.25 / game  
\$3.50 / shoe rental.  
Bring money for food  
and drinks.

**\*\*Please have access  
pickup by 9pm\*\***



November 13

## Workshop Night

6:00 – 8:30PM  
403 543-1164



CPAA  
12001 44 Street SE  
No drop off before  
5:30PM

Topic: Self Esteem,  
Stress Management  
and Mindfulness

November 20

## Games Night

6:00 – 8:30PM  
403 543-1164



CPAA  
12001 44 Street SE  
No drop off before  
5:30PM

**\$5.00 for Pizza and  
Pop**



November 27

## Dinner Night

6:00 – 8:30PM  
403 278-1511

Tops Pizza & Sports Bar



9919 Fairmount Dr SE

**You are responsible for  
your meal purchase**  
18% Gratuity will be  
added to your bill

# DECEMBER

December 4

## Zoo Lights

6:00 – 9:00PM  
403 232-9300



210 St. George's  
Drive NE

\$19.95/person

Please bring money  
for extras & dress  
warm



December 11

## Christmas Party & Potluck Dinner

6:00 – 8:30PM



CPAA

12001 44 Street SE  
No drop off before  
5:30PM

Please RSVP the  
Potluck item you will  
bring

**Remember your gift  
to participant in  
Secret Santa**

Merry Christmas and  
Happy New Year to all  
the members and  
volunteers of Calgary  
Meet Up Group



Calgary Meet Up Group  
will resume  
January 8, 2019  
The new schedule will  
be posted on our  
website mid December  
[www.cpalberta.com](http://www.cpalberta.com)

**\*\*RSVP\*\*** for each event the Friday before by email to [christy@cpalberta.com](mailto:christy@cpalberta.com).

Contact: Christy our Social Inclusion Coordinator at 403-543-1164 with any questions.